



spectrumshare

Counseling & Consulting

ABOUT

Anthony Miriello is founder and author of spectrumshare.com: Practical Ideas for the Autism Community. He is a Child Therapist and Developmental Disabilities Mental Health Specialist whose practice focuses in working with children and teens on the autism spectrum and with anxiety-related disorders. In practice, Anthony integrates a developmental and relational approach to therapy (DIR Floortime) while also drawing from a wide range of therapeutic interventions proven to be effective. In addition, Anthony is a Certified Personal Trainer through the National Academy of Sports Medicine. He has a special interest in integrating physical fitness into social and emotional health.

Anthony received his masters degree in Child Development from Sarah Lawrence College in New York and his bachelors from the University of Oregon in Psychology. He has worked with children and families as a counselor, consultant, and early childhood educator for over 6 years.

CONTACT

Anthony can be contacted for individual counseling, family training and consultation services at **(503) 432-9631** or spectrumsharecounseling@gmail.com. Ask about upcoming therapeutic groups and fitness training.



MORE INFO

Please visit Anthony's blog, spectrumshare.com: Practical Ideas for the Autism Community, at www.spectrumshare.com.